

# ARE YOU STRUGGLING WITH THE 'TEEN YEARS'??



To find out more about this study call us at:  
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Teen years can be stressful! Some teens get involved in serious problems like running away, skipping school, bullying, drinking or using drugs and more.

**Parents and alternate caregivers of girls or boys ages 10-16 with serious behaviour problems are invited to participate in a study that evaluates a new treatment that focuses on strengthening parent-teen relationships as a way to reduce problem behaviour in pre-teens and teens.**

Parents who participate in this study will receive (free of charge) either educational information or the opportunity to participate in a parenting group in your community. Parents and youth will also receive honorariums for completing questionnaires during and after the study.

